

# Abundant Life Total Health Center

the science of nature

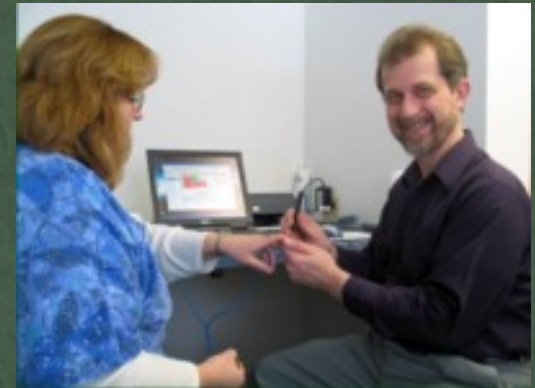
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(518) 792-1691 ● 357 Ridge Rd. Queensbury, New York 12804

## Welcome to Abundant Life Total Health Center!

We'd like to invite you to take a moment to learn more about our thorough holistic approach which objectively works to give nutritional support which assists in resolving nutritional deficiencies. We use science to help explore the healing available to us through natural nutrition.

Our Mission Statement is: We will, with great thoroughness and caring, help each individual regain their full health potential through proper diet, nutrition and lifestyle. We'd like to help you do just that!



Our approach is a systematic approach to customized nutrition that will help you get back on track. Thoroughness is our hallmark! We conduct a complete analysis and begin to peel back the layers of your symptoms to get to the root of your nutritional issue. Our tools include testing for food allergies, micro current acupuncture system (with no skin penetration), chiropractic evaluations, and health assessment questionnaires.

Take a moment to review some of the services we offer and please feel free to **contact us** with any questions or comments. We look forward to hearing from you!

*Dr. Bell*  
Dr. Daniel Bell



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## about us



Dr. Daniel Bell is a 20 year practitioner of Chiropractic and nutritional therapies. He is a graduate of New York Chiropractic College. Dr. Bell has been certified by the Loomis Institute of Enzyme Nutrition. Dr. Bell has also been trained in CRA (Contact Reflex Analysis) and ART (Autonomic Response Technique), and he specializes in digestive disorders, endocrine disorders, fibromyalgia, and ADD/ADHD.

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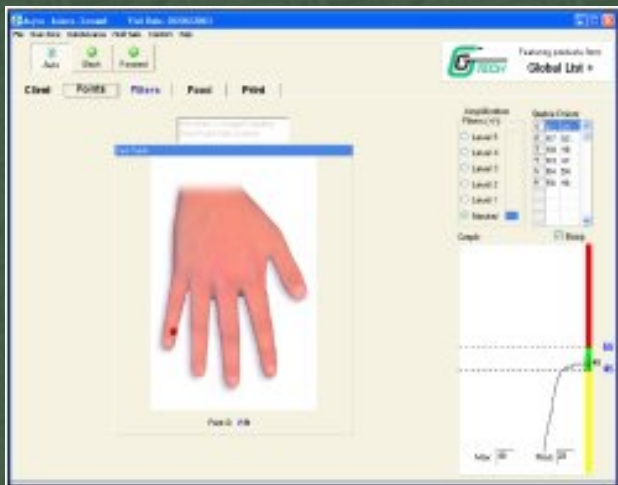
## analysis

### **Symptom Survey:**

When you first enter our office, you will be asked to fill out an extensive symptom survey. When completed your health information is then entered into a computer program which interprets your symptoms and analyzes where you have constitutional weaknesses. Nutritional recommendations are then made which will give your body the nutrients it will need to correct these weaknesses and heal itself.

### **Electroacupuncture Analysis(EAV):**

Asyra \*TM scans your body's energy system (acupuncture or Chinese meridians) for weakness. This information is interpreted and reveals where nutritional, body systems, and constitutional weaknesses are in your body. This type of testing has been likened to bringing your car to the garage for a computer diagnostic scan to find out where the problems are in your cars electrical systems.



## 24 Hour Urinalysis:

With this test Dr. Bell will ask you to collect your urine for a 24 hour period. Unlike the usual spot check urinalysis, a full 24 hour collection will give Dr. Bell the whole picture of how your digestive system digests, absorbs, and eliminates the food you eat. It also will reveal your Vitamin C levels, system toxicity and how well organs, such as the kidneys, liver, and thyroid and adrenals, are working. With this information in hand, Dr. Bell can set up an individualized nutritional program to meet your exact needs.

## Autonomic Response Testing (ART):

This method of testing utilizes information gathered by putting a light pressure (a type of stress) on your body's organs and glands. Then muscle strength testing is done to see how your nervous system responds to this "stress". If Dr. Bell finds any stress or weakness with any of your organs and/or glands, he will match the proper vitamins, herbs, or enzymes to support your own natural healing processes.

## treatment

### Diet Modifications:

If Dr. Bell feels that any changes need to be made in your diet he will consult you and answer any questions you may have. The Provi!Plan by Dr. Jack Tips is the recommended approach to eating correctly. This book takes a back to nature approach to eating that is very healing to the mind and body. Dr. Tips book can be ordered from Dr. Tips [Apple-A-Day website](#).

### Product Lines:

After extensive testing of different nutritional product lines, Dr. Bell recommends the following products for nutritional support.

#### -Standard Process-

High quality organically grown materials used to produce these. Processing procedures keep the highest, most assimilable amount of nutrition to meet your health needs.

#### -Systemic Formulas-

Energetically balanced herbal formulas to balance the organ and energetic needs of your body. Formulated by Dr. Wheelwright, one of the foremost herbalist of our time.

#### -Enzyme Formulations-

The highest quality enzyme formulations on the market. Formulated by Dr. Howard Loomis, the “Father of modern enzyme therapy.” Excellent formulations for your digestion and immune system needs.

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## contact us

We'd like to hear from you regarding any questions you have about our systematic approach and nutritional treatments. Please feel free to contact us using the information below, or click the links at the bottom for Yahoo maps to our location.

-by email: [drbell@nutritionheals.net](mailto:drbell@nutritionheals.net)

-Office phone: (518)792-1691

-Office fax: (518)792-1861

-Office address: 357 Ridge Rd. Queensbury, New York 12804

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